



## Expedition Api 7,132 m - Fall 2026

**Guided high-altitude expedition in western Nepal**

Small group - Expedition style - Professional guide

### Content

Overview .....	1
Api Himal - Character & Fascination .....	1
Route - North / Northwest route .....	2
Difficulty & Requirements.....	2
Safety & Risk Awareness .....	2
Organization & Expedition Style .....	3
Schedule .....	3
Services & Price .....	3
Why Api Himal & why this concept? .....	4
Consulting & Participation.....	4

### Overview

The Api Himal is not a “beginner's 7000er,” but rather a remote, serious high-altitude expedition for experienced mountaineers.

<b>Mountain</b>	Api Himal (7.132 m)
<b>Region</b>	Api-Saipal-Himal, Western Nepal
<b>Route</b>	North/Northwest route
<b>Style</b>	Classic expedition with high camps
<b>Duration</b>	31 days
<b>Number of participants</b>	4
<b>Guiding</b>	1 state-licensed climbing guide for every 2 participants
<b>Price</b>	8.500 euros

### Api Himal - Character & Fascination

At 7,132 meters, Api Himal is the highest peak in the far west of Nepal. It is in one of the most remote regions of the Himalayas - far away from classic trekking routes, without tourist infrastructure, and with extremely low climbing frequency. What makes Api Himal special:

- ✓ Unspoiled, largely unexplored high mountain landscape

- ✓ Genuine expedition logistics instead of a “standard route”
- ✓ Very low visitor numbers
- ✓ Serious, alpine character

*The mountain is aimed at mountaineers who are consciously looking for a challenging alternative to well-known 7,000-meter peaks.*

## Route - North / Northwest route

The ascent is via the north or northwest route, the historically documented and repeatedly climbed line on Api Himal. Character of the route:

- ✓ Long high flanks of snow and ice
- ✓ Steep terrain throughout
- ✓ No isolated key sections, but constant exertion
- ✓ Classic high camp strategy

### Important:

*Api Himal does not have a “normal route” in the commercial sense. Even the northwest route requires experience, endurance, and the ability to move independently in steep terrain.*

## Difficulty & Requirements

### Technical characteristics:

- ✓ Steep snow and ice terrain
- ✓ Occasional mixed passages
- ✓ High exposure
- ✓ High altitude and long distances

### Requirements for participants:

This expedition is exclusively for experienced high-altitude mountaineers who:

- ✓ have climbed several challenging 6,000-meter peaks or one 7,000-meter peak
- ✓ are confident using crampons on steep terrain (>45°)
- ✓ have experience with high camps, fixed ropes & expedition procedures
- ✓ are physically and mentally resilient
- ✓ consciously accept an expeditionary environment

### ✗ Not suitable for:

*Beginners, training purposes or as a “first 7000m peak”.*

## Safety & Risk Awareness

The Api Himal is a serious high mountain peak. Objective dangers such as avalanches, spindrift, weather changes, and high exposure are part of the alpine environment.

### Our approach:

- ✓ Conservative route & time planning
- ✓ Small group
- ✓ Experienced guides
- ✓ Clear decision-making structures

- ✓ Defined safety & emergency plan \*

*The goal is not "success at any price," but a responsible expedition.*

*\* A separate safety and emergency plan will be provided for all participants in advance.*

## Organization & Expedition Style

The expedition follows a classic expedition approach:

- ✓ Multi-day approach to the remote region of western Nepal
- ✓ Establishment of a fully equipped base camp
- ✓ Gradual acclimatization
- ✓ Setup of several high camps
- ✓ Weather-dependent summit attempt

The expedition is fully organized in terms of logistics:

- ✓ Porters & kitchen crew
- ✓ Shared tents & kitchen equipment
- ✓ Fixed ropes & safety equipment
- ✓ Communication & emergency equipment

## Schedule

1	Arrival in Kathmandu
2	Getting to know each other, gear check & sightseeing
3	Flight from Kathmandu to Dhangadhi
4	Jeep ride from Dhangadhi to Khalanga
5	Trekking from Khalanga to Sun Sera
6	Trekking from Sun Sera to River Camp Site
7	Trekking from River Camp Site to Bundhi
8	Trekking from Bundhi to Changru
9	Acclimatization & exploration of Changru
10	Trekking from Changru to Api Base Camp
11-23	Setting up base camp, acclimatization, setting up high camps, installing fixed ropes & summit attempt
24	Trekking back to Bundhi
25	Trekking back to River Side Camp
26	Trekking back to Sun Sera
27	Trekking back to Khalanga
28	Trekking back to Dhangadhi
29	Flight back to Kathmandu
30	Relaxation, team dinner & farewell party at Purple Haze
31	Journey home

## Services & Price

*The total price is €8,500\* for four participants and includes the services described above.*

*\* The price is higher than many other 7,000-meter expeditions because the Api Himal does not allow for a standardized route, existing infrastructure, or commercial support. The small group size, the high level of guidance required, the long journey, and the need for redundant logistics make it only possible to carry out this expedition seriously within this budget.*

Included	Not included
Transfer airport - hotel – airport	International flights & visa for Nepal
Accommodation in Kathmandu (Dusit Princess)	Meals in Kathmandu (breakfast at the hotel included)
Transport Kathmandu - Dhangadi - Kathmandu (domestic flight)	Personal climbing equipment including equipment for high camps (sleeping bag, stove, etc.)
Transport Dhangadi - Khalanga - Dhangadi via jeep	Personal expenses in Kathmandu (bars, restaurants, etc.)
Transport Khalanga - Sunsera - Khalanga via jeep	Hot showers in lodges if available
Api Nampa Conservation Area Permit	Personal trekking equipment for tent trekking
Restricted Area Permit (border area with India)	International health insurance (mountain rescue above 5,000 meters)
Meals - breakfast, lunch, and dinner, including tea, coffee, and snacks in lodges and camps	Costs due to unforeseeable events (natural disasters, flight cancellations, illness & political unrest, etc.)
Accommodation in lodges & camps	Tips for guides, porters & kitchen crew (10-15%)
Tents, kitchen gear & climbing equipment (fixed ropes, snow anchors, etc.)	
Cook & kitchen crew	
Licensed climbing guides (1 guide: 2 participants)	
Porters & pack animals	
Climbing guide equipment fee	
Wages, meals, accommodation, transport & insurance for guides, porters & kitchen crew	
Safety measures (medicines & bottled oxygen)	
Government Taxes	

## Why Api Himal & why this concept?

- ✓ No mass expedition
- ✓ No standardized route
- ✓ Small group instead of summit tourism
- ✓ Honest communication of opportunities and risks
- ✓ Focus on quality, experience, and responsibility

*This expedition is for mountaineers who are consciously looking for a challenging goal - not for customers who "just want to check off a 7,000-meter peak."*

## Consulting & Participation

Participation is only possible after a personal consultation. During this consultation, we will clarify:

- ✓ Experience & background
- ✓ Expectations & objectives
- ✓ Suitability for this project

 **Contact & non-binding inquiry:**

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